

March 17, 2013

To Whom It May Concern,

It is with great excitement that I am applying for a physical education and health position in a K-12 setting. With 800 hours of field experience in an educational setting, including my current semester student teaching, I believe I am more than qualified for the position. My well-rounded background will provide the students with a positive outlook on physical activity involving the use of lifetime sports, which will inspire students to remain physically active throughout their lives.

As a physical education and health major at Butler University, I have grown to believe in the development of students' physical, emotional and social skills to participate and appreciate lifetime sports. If a student is presented with a proper physical education environment, they will have the ability to remain physically active adults.

During my student teaching placement at Park Tudor School, I implemented a sports education model into an indoor soccer unit with my 6<sup>th</sup> grade class. By incorporating a team aspect into the unit, students developed the social skills needed to cooperate with others. Students improved their physical and cognitive skills by participating in drills, officiating games and keeping statistics. The goal of the unit was to encourage a positive attitude toward the game of soccer and inspire students to continue the sport in an extra-curricular setting, possibly leading to lifetime involvement in the game. Upon completion of the unit, students' psychomotor, cognitive and social skills improved.

I strongly believe students should be taught the importance of lifetime sports to promote lifelong physical activity. With the rising obesity rate in the United States, it is crucial that students find ways to stay active. I would greatly appreciate the chance to discuss my experience with you at a mutually convenient time. Thank you for your consideration.

Sincerely,

Kyle T. Lees  
1001 Springhaven Drive  
Libertyville, Illinois 60048  
klees@butler.edu  
(847) 533-1674