



BUTLER UNIVERSITY | HEALTH AND WELLNESS CENTER

Healthy Horizons

Employee Wellness Onsite Clinic

Butler University faculty, staff, and their spouses are encouraged to participate in the Healthy Horizons program, a comprehensive health & wellness service hosted at the College of Pharmacy and Health Sciences.

With Healthy Horizons, Butler Employees enrolled in Butler's group health plan have access to:

- Individualized Annual Wellness Consults
- Health Coaching Sessions focused on improving overall employee health
- Lab Services at no additional cost to employees

In addition, Healthy Horizons has announced **NEW** services for returning employees.

Instead of the same type of Health Coaching Sessions every year, employees can now participate in updated sessions focused on specific Wellness categories. These include:

**Cardiovascular
Health**

**Wellness in
Community**

**Nutrition
Education**

Questions? Contact Us!

Email: HealthyHorizons@butler.edu or Call: 317.888.6789